

Quilted Waves Vest

© 2015-2018 Karen Eckmeier

www.kareneckmeier.com

karen@quilted-lizard.com

It's all about the waves! Get into the flow with Karen's free-form topstitched curves and angles to create this great open front vest. The secret is a lightweight sweatshirt pattern base for simple assembly. The sweatshirt provides just the right amount of loft for a "quilted-look" after the stitching and the smooth side becomes an easy matching lining. You choose the length to fit your style.



HOMEWORK – PRE-CLASS ASSIGNMENT

1. Buy a lightweight (7-8 ounces) crewneck sweatshirt in your size to match the colors of your vest fabrics.
(<http://www.jiffyshirts.com> is a great source of low priced sweatshirts in a wide array of colors. Look under Adult/Unisex sizes for the best selection of colors and prices. \$10 or less is the right amount to spend)
2. Cut the bottom cuff, sleeves and neck band off the sweatshirt. Refer to the directions in my *Wearable Waves* book on page 68 AND/OR watch my video on Karen Eckmeier's YouTube Channel to prepare for the workshop.
3. Cut TWO - 4" x selvage strips from each of the SIX fabrics
4. Cut the fabric for the vest back (about ½" -1" larger than the pattern piece)

Supplies

- 6 fabrics (multi-color + 5 coordinating colors) See chart on page 2 for yardage
- Crewneck sweatshirt for pattern pieces (select a color to match the 6 fabrics, this will be the vest lining)
- One thread color or variegated thread to match color palette (it will be used for topstitching, piecing and quilting)
- Safety pins for basting
- Tailor's chalk or marking pencil
- Long pins
- Large and small scissors
- Flexible curve ruler (optional....I will bring mine to the workshop)
- Rotary cutter and long ruler
- Large rotary cutting mat (large enough to place one of your sweatshirt pattern pieces on)
- Small rotary cutting mat (approx. 6"x 8" to slide between layers to make pinning easier as we make the waves)
- Seam ripper (just in case....)
- Sewing machine with the following presser feet:
 - straight stitching foot
 - ¼" seam foot
 - zig zag foot (to overcast the edges instead of using a serger)
 - Walking foot for machine quilting is a MUST
 - Free motion quilting foot (optional)
- Iron and ironing board (or padded ironing surface)
- Sharp #10 needle (or your choice of a hand sewing needle)
- Buttons – optional

Quilted Waves Vest

Page 2 of 2

© 2015-2018 Karen Eckmeier www.kareneckmeier.com karen@quilted-lizard.com

Select 6 Fabrics

Chose a multi-color print and 5 coordinating colors to match. One of the 6 fabrics will be your “Primary Color/Fabric”. It will be the dominant color/fabric* of your vest, by being featured in the “faux” lapels, the entire back of vest and the hidden binding.

** it's possible that the multi-color print may also be your Primary color. To see these different variations watch the video on Karen's YouTube Chanel.*

Yardage Chart

ADULT	VEST
S-M	½ yard each of 5 fabrics and 1 yard of the Primary Color/Fabric
L	¾ yard each of 5 fabrics and 1½ yard of the Primary Color/Fabric
XL	¾ yard each of 5 fabrics and 1½ yard of the Primary Color/Fabric
2XL-3XL	1½ yard each of 5 fabrics and 2 yards of the Primary Color/Fabric

